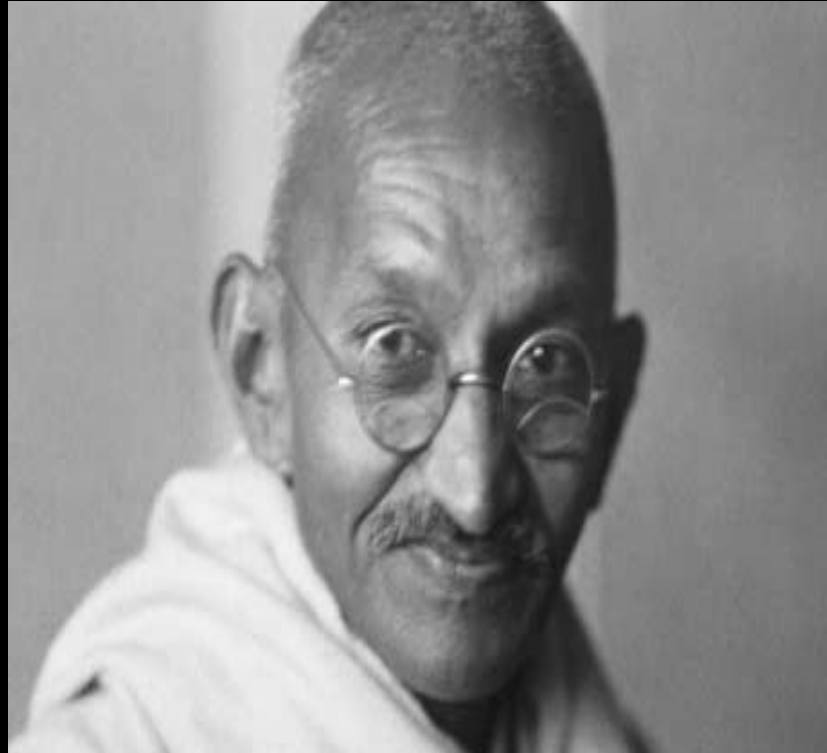


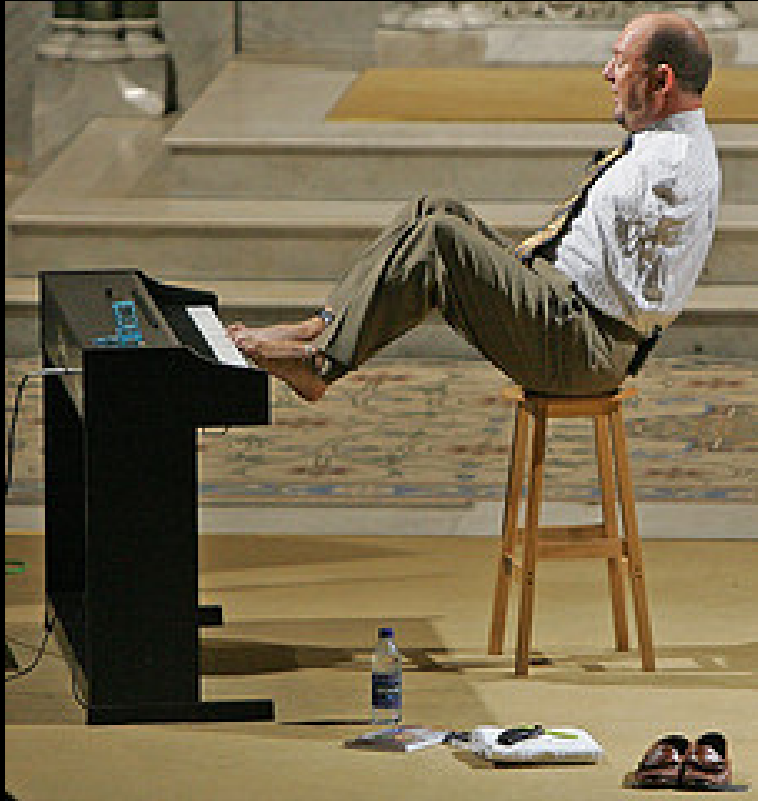
THE POWER OF PASSION



IT'S NOT ALWAYS EASY



IT'S ABOUT GRATITUDE





BENEFITS OF SPEAKING YOUR GRATITUDE

1. Happier at work (and life)
2. Puts things in perspective
3. Makes the tough days easier

TO DO

1. Prepare your Gratitude Statement (top 5)
2. Place it where you can see it each day
3. Repeat it each day

THE KEY TO HAPPINESS



THE POWER OF PASSION



You can be passionate about any or all of these four things.

1) What you do 2) Why you do it

3) How you do it and 4) Who you do it for

If you can determine which ones of those make or keep them passionate, you can help them work from their passion better –

MARK SANBORN – from IBN

BENEFITS OF PASSION

1. Sick less often
2. Fire in your belly & You get to realize the power of
TGIM
2. Better relationships

TO DO

1. Make your Passion List
2. Make a plan for stepping outside your comfort zone
(if necessary)
3. Keep yourself accountable

YOUR LEGACY



BENEFITS OF KNOWING YOUR LEGACY

1. More purpose
2. More clarity
3. Reminds you how big of an impact your work (and you) have

TO DO

1. Prepare your Legacy Statement
2. Make plans to live it each day (start with short steps)

THE TAKE AWAY

1. Prepare a Gratitude Statement (and practice it)
2. Determine your PASSION / PURPOSE
3. Prepare a Legacy Statement

STRATEGY: Spend cycles of 21 days creating your habits

OPEN FORUM

WHERE DO YOU WANT TO GO FROM
HERE?

QUESTION / ANSWER